**CAREER OPPORTUNITIES: LOOKING FOR** Operational Stress Control (OSC) Team Leaders (CPO and above), Assistant Team Leaders (PO1 and above), and Team Members (PO2 and above) to assist in ensuring personal readiness and effectiveness onboard “USCG XXXXXXX”.

**WHAT IS OSC?**

* The OSC program is intended to provide leaders at all levels the foundation to understand the value of building and preserving resilience in Shipmates. This foundation enables Leaders to recognize, manage and mitigate combat and operational stressors and stress reactions in themselves and their Shipmates. The program also aims to enhance or add to the Leaders toolset individual and organizational resilience skills to be taught to their Shipmates and highlight why these skills are so important to their well-being.
* The OSC program will inform, empower and encourage the Coast Guard community of shipmates, civilians and their families to identify signs of stress within themselves and others, and know how to help themselves and their peers, or where to turn for help.
* OSC Team Leaders, Assistant Team Leaders, and Team Members will be trained and in turn, “stand-up” or be included in a team of highly motivated individuals as the Command OSC Team. This OSC Team will be collaborative and complimentary to the CRT, leadership, and other motivators to further assist “USCG XXXXXXX” Shipmates in ensuring WE ARE READY by addressing resilience and stress from all angles through training, mentorship, and comradery. MISSION FIRST, SHIPMATES ALWAYS!

If interested contact:

CMC

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